

## H2OV Hand-Strap Instructions

### The H2OV Hand-strap includes:

- Industrial 1.5" velcro strap or 1.5" webbing strap with buckle.
- Plastic strap-mount
- Modified plastic center disk for the strap-mount
- 5/8" ¼-20 stainless steel bolt
- Stainless steel washer

### Assembly:

1. You first need to mount the square screw-mount included with your housing to the housing itself. The screw-mount simply sticks to a flat section of the housing. Although the screw-mount can be placed for horizontal or vertical operation of the camera, we advise it be placed on the bottom of the housing (opposite side from the record control knob) for use with the hand-strap. The lens bezel on the camera will then need to be rotated 90 degrees for proper video orientation.
2. Remove the center disk from the strap-mount by pressing down on the LARGER tab on the strap-mount and pushing the metal screw mounted through the center disk directly away from the LARGER tab. The edge of the center disk closest to the LARGER tab should pop out of the strap-mount. Note that the underside of the disk contains a stainless steel washer and 5/8" Phillips bolt head.
3. Situate your H2OV housing in such a way that the screw-mount on the housing is facing up. Place the center disk on the screw-mount with the serrated edge of the center disk facing up and the hole in the middle of the disk aligned with the screw hole on the screw-mount. Secure the two parts together with the 5/8" stainless steel bolt. Make certain the stainless washer is situated properly between the head of the bolt and center disk. Use a Phillips head screwdriver to tight the screw so the disk will not easily rotate on the screw-mount.



*The H2OV housing with the center disk, washer, and bolt installed properly. Note the tether connected to the top clasp for the back door and on the had-strap.*

4. Note that the strap-mount has holes on trailing edge of the mount. It is recommended to attach a camera leash to one of these holes and the other end of the leash to one of the clasps on the housing. This leash will help prevent losing housing should it inadvertently come out of the strap-mount while diving. A toothpick or other long, slender object is often useful when

threading the leash through one of the holes on the strap-mount. The velcro or webbing strap must be removed from the strap-mount to thread the leash through the strap-mount leash hole.

5. Insert the serrated edge of the center disk into the strap mount. Make certain the camera lens is pointed in the direction of the arrow embossed in the middle of the strap mount. Slide the serrated edge of the center disk under the side of the strap mount with the SMALLER tab first, then press down on the other edge. The disk should “snap” into the strap-mount
6. Adjust the velcro or webbing strap so it fits snugly on your hand. If needed, you can trim the length of the strap with a pair of sharp scissors. Make certain the strap is snug enough so that the housing does not “sway” on your hand when in the water.
7. To remove the camera from the strap mount, press down on the LARGER TAB and lift the housing so that the edge of the disk nearest the LARGER TAB pops out first.



*The H20V housing properly mounted to the hand-strap.  
Time to go diving and shoot some video!*